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Photo by Mali Maeder

QUESTÃO 257

Sugar fear-mongering is unhelpful

In his recent piece "Is obesity a disease?", Dr. Peter Lind refers to high-fructose corn syrup and other "manufactured sugars" as "poison" that will "guarantee storage of fat in the body." Current scientific research indicates that obesity results from excessive caloric intake combined with sedentary lifestyle. Americans are consuming more total calories now than ever before. USA's total per-capita daily caloric intake increased by 25%, from 2,076 calories per day in 1970 to 2,534 calories per day in 2010 — an additional 458 calories, only 34 of which (7%) increased added sugar intake. Most of the extra calories come from increased fats and flour/cereals. Surprisingly, the amount of calories sweeteners Americans consume has actually decreased over the past decade. We need to continue to study the obesity epidemic to see what more can be done, but demonizing one specific ingredient accomplishes nothing and raises unnecessary fears that get in the way of real solutions.

PERGUNTAS

Ao abordar o assunto "obesidade", em uma seção de jornal, o autor

- A. defende o consumo liberado de açúcar.
- B. afirma que a gordura é o grande vilão da saúde.
- C. demonstra acreditar que a obesidade não é preocupante.
- D. indica a necessidade de mais pesquisas sobre o assunto.
- E. enfatiza a redução de ingestão de calorias pelos americanos.



Photo by Telegrafi.com

QUESTÃO 258

In this life - Madonna

Sitting on a park bench
Thinking about a friend of mine
He was only twenty-three
Gone before he had his time
It came without a warning
Didn't want his friends to see him cry
He knew the day was dawning
And I didn't have a chance to say goodbye
Driving down the boulevard
Thinking about a man I knew
He was like a father to me
Nothing in the world that he wouldn't do
Taught me to respect myself
Said that we're all made of flesh and blood
Why should he be treated differently?
Shouldn't matter who you choose to love

PERGUNTAS

É possível manifestar sentimentos e emoções em uma música. No caso desta canção, o sofrimento retratado foi causado

- A. pela morte precoce de um amigo jovem.
- B. pelo término de um relacionamento .
- C. pela mudança de um amigo para outro país.
- D. pelo fim de uma amizade de mais de 20 anos.
- E. pela traição por parte de pessoa próxima.

ANSWER KEY



DIFFICULTY ▲▲▲▲▲
RELEVANCE ▲▲▲▲▲
PROXIMITY ▲▲▲▲▲
DEPTH ▲▲▲▲▲