



Photo by Bradley Hook



INSTRUCTIONS

1. Read the text
2. Take notes
3. Look up the dictionary if necessary
4. Answer the questions
5. Send your answer to the teacher

The Wave Rider Chronicles: Triumphs Tribulations and Tight-Knit Surfing Sisterhood

Surfing, dude! It's not just a sport; it's a way of life for many people who live in Itacimirim, including the talented and determined female surfers who carve through those gnarly waves. These women aren't just chasing waves, though; they're chasing dreams, balancing the demands of competition, family relations, and maintaining lifelong friendships while riding the highs and lows of the surfing world.

For these female surfers, like Elisangela, the travel schedule can be a whirlwind. They zip from one coastal paradise to another, seeking the perfect wave breaks and competing in major surf competitions. It's a constant journey of anticipation, excitement, and nerves. But amidst the hustle and bustle, they find solace in the camaraderie of their fellow surfers and the support of their loved ones.

When it comes to dealing with the pressures of competition, these wave warriors know how to stay focused and keep their cool. They train relentlessly, honing their skills and pushing themselves to new heights. It's not just about riding the biggest wave or executing the most impressive maneuver—it's about resilience, determination, and mental strength. These women understand the importance of staying true to themselves and embracing their unique style on the board.

But what about family and friends? How do these surfers balance their passion for the sport with their personal relationships? It's no easy feat, bro! They rely on the understanding and support of their loved ones, who cheer them on from the shoreline and provide a sense of grounding amidst the whirlwind of competitions and travels. Whether it's parents, siblings, or significant others, these connections keep them rooted and remind them of what truly matters.

STUDENT'S NOTES

VOCABULARY

PRONUNCIATION



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1. What is the main focus of the surfers mentioned in the text?
A) Family relations
B) Traveling schedules
C) Competition and surfing
D) Meeting new friends

2. How do female surfers deal with the pressures of competition?
A) By riding the biggest waves
B) By embracing their unique style
C) By relying on family support
D) By avoiding mental challenges

3. What role do family and friends play in the lives surfers?
A) They provide competition strategies
B) They cheer them on and offer support
C) They organize travel schedules
D) They mentor them in surfing techniques

4. Besides competing, what do female surfers share with each other?
A) Laughter and good times
B) Strategies to win competitions
C) Secrets about wave breaks
D) Challenges and fears

5. What is the overall message of the text?
A) Surfing is a dangerous sport
B) Female surfers prioritize competition over family
C) Female surfers have to balance various aspects of their lives
D) Female surfers are more skilled than

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