



Jessamine Chan Takes Aim At “Good Mom” Worship In Her New Book

On January 4, editor [Katie Adams tweeted](#): “Maybe I’m just not a good mom anymore. Maybe I used to be and now I’m just not and also I have no time to do anything else either.” It’s hard to fathom a mother who doesn’t feel this sentiment deep in her bones after the last two hellish years, which have stretched us way past the point of generic burnout. Illness, anxiety, childcare disruptions, capitalism at all costs, school closures, anti-mask/anti-vax crusades, and the lack of availability of a vaccine for children under five has left most mothers, as [Amil Niazi](#) recently wrote, “dead inside.” To imagine that any of us could aspire to “good motherhood” right now seems laughable, if not cruel.

Source: <https://www.refinery29.com/en-us/2022/01/10833916/school-for-good-mothers-author-interview>